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Trumbull Continuing Education
For Information
call:(203) 452-4554
Register Online:
www.trumbullconted.org

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Trumbull Continuing Education
Summer Explorations 2020

We are proud of the quality of the Summer Explorations Program. The three areas of focus continue to be accelerating academic progress, providing enrichment camps, and offering a wide variety of sport opportunities.

It is our hope that your child will find more than one summer camp experience that fosters a specific skill, interest, or hobby. We encourage you to take advantage of the experiences available for your child.

To ensure the success of Summer Explorations, we encourage students and parents to work with and support all school staff in meeting our program objectives. For it is only through our joint efforts in pursuing our common goals that increased student expectations will be achieved.

If you have any questions, please do not hesitate to contact any member of the Summer Explorations staff.

Sincerely,
Trumbull Continuing Education

Ralph M. Iassogna, Acting Superintendent

Cheryl Gould, Administrative Assistant
Terry Buckingham, Site Leader

Board of Education -

Lucinda Timpanelli, Board Chairman
Tim Gallo, Vice Chairman
Jackie Norcel, Secretary
Dr. Kathleen Fearon, Board Member
Scot Kerr, Board Member
Marie Petitti, Board Member
Michael Ward, Board Member

General Information

ENROLLMENTS ARE LIMITED **REGISTER EARLY**

When selecting an **Enrichment Program**,
students should sign up according to
GRADE COMPLETED

When selecting a **Sports Camp**
students should sign up according to
GRADE ENTERING
in the
2020 - 2021 school year.

TELEPHONE NUMBERS:

Trumbull Continuing Education Office:
203-452-4554

Terry Buckingham, Site Leader
tbucking@trumbullps.org,
after June 26th at 203-452-4227

REGISTRATION:

**Summer Registration: There is a fee of \$5
per registration per family. To avoid paying
multiple fees, register all children for all
programs at once.**

On Line:

www.trumbullconted.org

Receipt is emailed to you upon completion.

You will be notified of any cancelations.

By Mail:

Fill out registration and mail with check or money
order. One check may be used to pay for more
than one student.

Walk In:

At the Continuing Education Office located in
Trumbull High School

SCHOOL LOCATION CODES:

AGRI - Agriscience

FT - Frenchtown School

TECEC - Trumbull Early Childhood
Education Center

THS - Trumbull High School

SPECIAL EDUCATION

Pre-School - Grade 12

Special education programs are provided in accordance with the child's need for an "Extended School Year" (ESY), as specified in his or her Individualized Education Program (IEP). When so designated in the IEP, the child will be enrolled in appropriate programs at no cost to the parents.

For further details, contact your building

Pupil Services Representative or

call PPS at 203-452-4352.



TRUMBULL LOVES CHILDREN

Trumbull Loves Children will run a half day camp
"Afternoon Explorers" from 12:00 PM to 6:00 PM
at the Frenchtown site for those children who will
need care after the Summer Explorations program.
For more information call 203-452-9626.



SUMMER DRIVER EDUCATION PROGRAM

Summer Driver Education Program

Trumbull High School offers a comprehensive
Driver Training Program for Trumbull students.

Several options are available including the
mandatory 2 hours of parent training. Students
must be 16 years of age prior to the start of
classes. For further information,
call 203- 452-4577.

July 6 – July 24 8:00AM -10:00AM

Location: THS

EARLY CHILDHOOD

EL01 PRE-SCHOOL

Ages 3 - 4

Are you looking for enrichment activities for your preschool aged child? Come join us for fun filled activities centered around animal themes; farm animals, zoo animals, ocean animals and family pets. "Hands on" activities, arts and crafts projects, and more will foster developmentally appropriate skills in all domains - intellectual, social, emotional, and physical.

July 6 - July 31

9:00AM - 12:00 PM

\$540

Location: TECEC

EL02 PRE-KINDERGARTEN - READY, SET, GO!

Children excited about those first steps into kindergarten will gradually ease into a school setting in this class. Intellectual, physical, and socio-emotional growth are emphasized through "hands-on" activities. Each child will be encouraged to explore their own talents through art, movement, language expression, and other interdisciplinary areas. Students must be enrolled to start Kindergarten in August 2020.

July 6 - July 31

8:30AM - 12:00PM

\$640

Location: FT

READING REVIEW

Grs. K - 2

This program is for academic support which focuses on strengthening reading skills for the child who has completed kindergarten, first, or second grade, but may need extra support and review over the summer. Recommendation must come from the building literacy specialist and the classroom teacher.

July 6 - July 31

8:30AM - 10:00AM

\$320

READK- KINDERGARTEN

READ1 - GRADE 1

READ2 - GRADE 2

Location: FT

ELEMENTARY: THIS PROGRAM RUNS FOR FOUR WEEKS

July 6 - July 31

8:30AM - 12:00PM

\$640

Location: FT

CHOOSE ONE COURSE FROM EACH SECTION

8:30AM - 10:15AM and 10:15AM - 12:00PM

EL03 SUMMER SCIENCE

Grs. K - 2

Have your child practice using S.T.E.M. skills this Summer during our Summer Science Program. Your student will study the water cycle, weather, gardening, and the beach habitat! All while utilizing arts and crafts, experiments, and the outdoors. Sub topics include, sink and floating, thunder storms, soil, veggie/flower garden, and important bugs!

EL04 CRAZY CREATIONS - ART PLAY

Grs. K - 2

Making art through imagination and play! Using a variety of materials children will build, sculpt, paint . . . All inspired by stories, music, technology and movement

EL06 CREATIVE COOKING

Grs. K - 5

The best part of this course is eating the results! Children experience a variety of regional and international dishes, along with theme days created by the students. The students learn how to cook simple meals, clean up, read recipes, measure liquid and dry ingredients, and enjoy literature related to what they are cooking.

EL07 “I SURVIVED” BOOK CLUB

Grs. 3 - 5

Do you have what it takes to survive? Prepare to travel back in time and experience wild adventures through the eyes of children who lived to tell the tale! This book club dives in to Lauren Tarshis’ best-selling series “I Survived”. Whether you’re a big fan or new to the series, we will have fun reading and discussing the books, making crafts, and exploring photos and primary sources to discover what life might have been like during these historical events!

EL05 LIGHTS, CAMERA, ANIMATE

Grs. 3 - 5

LET’S ANIMATE STORIES

Using iPads, green screens, props, and scripts. We will animate stories to share with other children. Age appropriate coding may be involved.



EL141 LIGHTS, CAMERA, ANIMATE LET’S ANIMATE STORIES

Grs. K - 2

Using iPads, green screens, props, and scripts. We will animate stories to share with other children. Age appropriate coding may be involved.

EL136 OUR WONDERFUL WORLD

Grs. K - 3

Summer doesn’t have to bring our science explorations to an end. Students learn about our fascinating world through fun-filled experiments. They naturally seek to understand the phenomena that exists everywhere around them. We will explore nature through scientific processes and will investigate weather patterns, seasons, plants, soil, matter, and people and nutrition.

EL137 KINDNESS CLUB

Grs. K - 3

Do you enjoy helping people and making people smile? If yes, then join Mrs. Beccaria to promote kindness in your home and community. “Kindness is contagious” and we will work together to brighten people’s days with simple and thoughtful projects. Remember, it’s Cool to be Kind!

EL138 CREATIVE COOKING

Grs. K - 5

The best part of this course is eating the results! Children experience a variety of regional and international dishes, along with theme days created by the students. The students learn how to cook simple meals, and clean up. Students learn how to read recipes and how to measure liquid and dry ingredients, and enjoy literature related to what they are cooking.

EL139 UNIQUE ANIMALS AND THEIR ADAPTATIONS!**Grs. 2 - 5**

Did you know... an octopus has three hearts, a hagfish uses slime to kill their prey. Let's learn together about these amazing animals and how they protective themselves. Students will have the opportunity to create models of these animals and their environments using a variety of hands-on materials.

EL140 ART ATTACK - MAKE YOUR ART EXPERIENCE YOUR OWN**Grs. 3 - 5**

Art stations for creative exploration - creating, crafting, building. Go beyond paint and crayons by using LEGOs and technology. Make puppets and masks or build with recycled materials and sculpt. Random supplies for creating a variety of projects to refresh a skill or learn something *new*.

EL142 GOOGLE MANIA**Grs. 3 - 5**

Do you have a Chromebook at school? Do you want to impress your teacher and friends with your tech savvy skills? Join us for a technology crash course in all things Google! Learn how to navigate Google Drive, create eye catching Google Docs and impressive presentations using Google Slides. Bring it all together in Google Classroom to share your learning with group discussions and presentations!



USE GRADE COMPLETED IN 2019 - 2020 WHEN SELECTING PROGRAM

LET THE GAMES BEGIN! Craig Dwelle**Grs. 3 - 5**

This course will consist of physical activities and games that will keep your child moving while having fun. Activities may include Crab Soccer, Longball Kickball, Wiffle Ball, Noodle Hockey and Castle Ball just to name a few. Children will also work towards improving their teamwork, cooperation, and communication skills. Be prepared to have a good time, show your team spirit, and improve your physical fitness!

EC07 July 6 - July 10**8:30AM - 12:00PM****\$215****Location: FT****LEGO ARCHITECTURE Marc Wilson****Grs. K - 4**

Using LEGO Architecture building sets, students will be exposed to the world of architectural engineering. Students will learn about landmark buildings from across the country and around the world, then put their creative skills to the test as they draw up their own blueprints. We will discuss such topics as scale and proportion and their relation to engineering.

EC08 July 6 - July 10**8:30AM - 12:00PM****\$215****Location: FT****FARMING FOR FUN Lauren Bspuda****Grs. 1 - 6**

Bunnies and horses, chickens and sheep... and us, too – we all need to eat! Learn how to feed and care for the animals at the Trumbull Agriscience Farm while experiencing firsthand where we get our food and clothing. Class is limited to 15 students. Students may only register for 1 week.

EC09 July 6 - July 10**8:30AM - 12:00PM****\$215****Location: AGRI****CROSSSTITCH Laura Bossio****Grs. 3 - 5**

Learn a time-honored skill and stitch a fun design while creating a keepsake using counted cross stitch. Ideal for beginners and enjoyable for anyone. You will have everything needed to learn how to cross stitch and complete a finished project.

EC10 July 6 - July 10**8:30AM - 12:00PM****\$215****Location: FT**

COLORING FUN: SUPERHEROES, PRINCESSES Joe Fiore
& BIG MACHINES!

Grs. 1 - 5

Do you like to draw and color? This group will explore the world of coloring and drawing. Traditional coloring pages, seasonal and holidays, animals, characters, color by number! We'll even do some "learn to draw step-by step" superheroes, princesses, movie characters and big machines. Plus, colorful "light catchers" with the look of stained glass to hang in the window. Bring your imagination!

EC11 July 6 - July 17 8:30AM - 12:00PM \$430

LET THE GAMES BEGIN! Craig Dwelle

Grs. K - 2

This course will consist of physical activities and games that will keep your child moving while having fun. Activities may include Crab Soccer, Longball Kickball, Wiffle Ball, Noodle Hockey and Castle Ball just to name a few. Children will also work towards improving their teamwork, cooperation, and communication skills. Be prepared to have a good time, show your team spirit, and improve your physical fitness!

EC12 July 13 - July 17 8:30AM - 12:00PM \$215

Location: FT

READY, SET, DANCE! Jennifer Zultowski

Grs. K - 5

Girls who are interested in learning different genres of dance. This energetic week of music and movement will teach students various dance styles including ballet, lyrical, jazz, musical theatre, and hip hop! Students will learn how to stretch properly before and at the end of dance class and they will learn 3 routines using popular music to perform at the end of the week for parents. Students should dress comfortably and bring dance shoes or sneakers. Come join the fun!

EC13 July 13 - July 17 8:30AM - 12:00PM \$215

Location: THS

CERAMICS/POTTERY Trevor Youngberg

Grs. 1 - 4

Students will work with white earthenware clay throughout the week of class sessions. Students will complete multiple projects using various clay-sculpting techniques: pinch, coil and slab methods. Underglaze (clay paint) will be used in decorating and coloring student works. All works will be fired at the end of the class session and picked up from the Continuing Education office the following week. Class is limited to 13 students.

EC14 July 13 - July 17 8:30AM - 12:00PM \$215

Location: THS

FARMING FOR FUN Lauren Bespuda

Grs. 1 - 6

Bunnies and horses, chickens and sheep... and us, too – we all need to eat! Learn how to feed and care for the animals at the Trumbull Agriscience Farm while experiencing firsthand where we get our food and clothing. Class is limited to 15 students. Students may only register for 1 week.

EC15 July 13 - July 17 8:30AM - 12:00PM \$215

Location: AGRI

LET'S BE CREATIVE Renee Mallozzi

Grs. 3 - 5

Come and enjoy a week full of just being creative!! From canvas painting and stenciling, making a signature bag and you are the designer, or hand painting rocks to spread kindness, and other surprise creative projects. Come and let your creativity shine!!

EC16 July 13 - July 17 8:30AM - 12:00PM \$215

Location: FT

CROSSSTITCH Laura Bossio

Grs. 3 - 5

Learn a time-honored skill and stitch a fun design while creating a keepsake using counted cross stitch. Ideal for beginners and enjoyable for anyone. You will have everything needed to learn how to cross stitch and complete a finished project.

EC17 July 13 - July 17 8:30AM - 12:00PM \$215

Location: FT

CALLIGRAPHY AND CURSIVE *Ned Farrell***Grs. 3 - 5**

Calligraphy is the art of drawing letters to transform what you write into a work of art. Each unique individual automatically makes an alphabet their own. Each will take home their own packet with calligraphy pen, template sheet, and sheets of calligraphy paper. Cursive writing is a quick, flowing writing style where the letters in words are joined together with the pen never leaving the paper. It has been used throughout history in everything from historical documents to personal letters. This fun program will teach children how to write beautifully in script.

EC18 July 13 - July 17 8:30AM - 12:00PM \$215**Location: FT****DINOSAURS** *Millie Velazquez***Grs. K - 2**

Enter the world of DINOSAURS! Become a Paleontologist for a week of adventure through crafts, music, art, stories, science! ROAR!!!

EC19 July 20 - July 24 8:30AM - 12:00PM \$215**Location: FT****RAINBOW LOOM CLUB** *Bree Prezioso***Grs. K - 5**

Come relax and make amazing bracelets, key chains, and necklaces with a variety of rainbow loom! Everyone will go home with a special box to store their treasures.

EC20 July 20 - July 24 8:30AM - 12:00PM \$215**Location: FT****LET'S BE CREATIVE** *Renee Mallozzi***Grs. 3 - 5**

Come and enjoy a week full of just being creative!! From canvas painting and stenciling, making a signature bag and you are the designer, or hand painting rocks to spread kindness, and other surprise creative projects. Come and let your creativity shine!!

EC21 July 20 - July 24 8:30AM - 12:00PM \$215**Location: FT****BASIC & ADVANCE SEWING WITH DIANE** *Diane DiCamillo***Grs. 3 - 5**

Students will learn basic machine operation and basic sewing techniques. We will make a sleep over pillow case, an apron, and a tote bag! Returning students will be working on head bands, patch work bag, and a surprise project! Just a few projects to start you sewing! If you want to bring your own portable machine, bring it. There will be machines available for use each day!

EC22 July 20 - July 24 8:30AM - 12:00PM \$215**Location: FT****SKY LAUNCHERS!** *Joe Fiore***Grs. 3 - 5**

Come design and build things that fly! From paper airplanes, tissue parachutes and kites, to origami, this group will explore many different handmade objects to launch into the sky! We'll go outside and try some, and even take some home!

EC23 July 20 - July 31 8:30AM - 12:00PM \$430**Location: FT****DRAWING AND PAINTING** *Kathleen Durand***Grs. 5 - 8**

This is a great time to hang out with other artists your age and create unique works of art! Using colored pencils, watercolors and acrylic paint, be inspired by nature, famous artists, and your imagination.

EC24 July 20 - July 24 8:30AM - 12:00PM \$215**Location: THS**

YOGA AND BE FIT-TWO IN ONE Michelle Hyland and Craig Dwelle Gr. 1 - 5

Spend the first half of the morning relaxing with Yoga and then gear up for more fun activities. Yoga and mindfulness help students relax their bodies and minds through a series of activities, games, and crafts. Students move, play, and connect with others using kindness and respect and become their best selves. Yoga poses and breath work help bring about calmness, decrease stress, and promote better decision making. Let's create a more positive self-image while having fun. Get your child moving to continue the fun. Activities may include Crab Soccer, Long ball, Kickball, Wiffle Ball, Noodle Hockey, and Castle Ball just to name a few. Children improve their cooperation, teamwork, and communication skills. Come have a good time, show your team spirit, and be fit!

EC25 July 20 - July 24 8:30AM - 12:00PM \$215

Location: FT

GROW, GROW, GROW!

Gr. 2 - 5

From Seed to Tree! The Science and World of Plants: Ever wonder where plants come from? In this class, we'll dig right in and learn about the many different plants and how they grow and make more plants! We'll take a look at the fruits and vegetables they produce, and even get to take some plants home!

EC26 July 20 - July 31 8:30AM - 12:00PM \$430

Location: FT

DINOSAURS Millie Velazquez

Gr. K - 2

Enter the world of DINOSAURS! Become a Paleontologist for a week of adventure through crafts, music, art, stories, science! ROAR!!!

EC27 July 27 - July 31 8:30AM - 12:00PM \$215

Location: FT

ADVENTURES WITH ERIC CARLE Jo-Anne Kershaw

Gr. K - 2

Did you know that Eric Carle has a museum in Massachusetts? It's called The Eric Carle Museum of Picture Book Art. Picture books are an introduction to literature, and picture book art is an introduction to art for young children.

EC28 July 27 - July 31 8:30AM - 12:00PM \$215

Location: FT

YOGA AND BE FIT-TWO IN ONE Michelle Hyland and Craig Dwelle Gr. 1 - 5

Spend the first half of the morning relaxing with Yoga and then gear up for more fun activities. Yoga and mindfulness help students relax their bodies and minds through a series of activities, games, and crafts. Students move, play, and connect with others using kindness and respect and become their best selves. Yoga poses and breath work help bring about calmness, decrease stress, and promote better decision making. Let's create a more positive self-image while having fun. Get your child moving to continue the fun. Activities may include Crab Soccer, Long ball, Kickball, Wiffle Ball, Noodle Hockey, and Castle Ball just to name a few. Children improve their cooperation, teamwork, and communication skills. Come have a good time, show your team spirit, and be fit!

EC29 July 27 - July 31 8:30AM - 12:00PM \$215

Location: FT

BASIC & ADVANCE SEWING WITH DIANE Diane DiCamillo

Gr. 3 - 5

Students will learn basic machine operation and basic sewing techniques. We will make a sleep over pillow case, an apron, and a tote bag! Returning students will be working on head bands, patch work bag, and a surprise project! Just a few projects to start you sewing! If you want to bring your own portable machine, bring it. There will be machines available for use each day!

EC30 July 27 - July 31 8:30AM - 12:00PM \$215

Location: FT



SAT

S.A.T. ENGLISH Hope Spalla

Grs. 11 - 12

In this prep course, students will acquire various active reading strategies in order to effectively answer reading questions in a timed setting. Instruction will be given on the most common grammar and usage rules that are tested on the writing portion of the exam. SAT book is included.

SAT01

July 6 - July 10

8:30AM - 10:00AM

\$215

Location: THS

S.A.T. MATH Brian Smith

Grs. 11 - 12

Students will learn specific time management strategies, gain exposure to the format of the non-calculator and calculator sections, and review important mathematics content and skills assessed on the four domains of the math SAT. SAT book is included.

SAT02

July 6 - July 10

10:15AM - 12:15PM

\$215

Location: THS



MUSIC

Grs. 3 - 10

Students are taught by certified Music teachers. Instruction is offered for this regional, highly acclaimed music camp on Strings, Brass, Woodwind, Percussion, and Guitar at the Beginner, Intermediate, and Advanced Levels. The curriculum provides experience in String and Full Orchestra, Concert Band, Jazz Ensemble, Chorus, Music Technology, and Guitar Ensemble. Performance opportunities include solo and small ensembles, weekly recitals, and an evening concert program at the culmination of the camp. All beginner students must obtain an instrument prior to the first day of camp. Experienced students will be evaluated upon arrival, and placed in ensembles according to ability. If you have any questions, please email Tom.Whitmoyer-whitmoyt@trumbullps.org

MUSIC

Grs. 3 - 10

July 6- July 24

8:30AM - 12:30PM

\$445

Location: THS





When selecting a **Sport Camp** students should sign up according to
Grade Entering

FIELD HOCKEY (grade entering)

Grs. 4 - 8

Instructor: Meagan Smith

The camp will be instructed by members of the Trumbull High School Field Hockey coaching staff and supported by current THS players. Camp is open to players grades 6 - 8. No experience necessary. Players will be grouped according to ability level, but will have the opportunity to interact with all campers. The objective of the camp is to teach and refine skills and knowledge of the game as well as to stress sportsmanship, teamwork, and game play.

Players will need to provide their own equipment (sticks, shin guards, mouth guard, water, eyewear, sun block).

SC06 **Grs. 4 - 8** **July 6 - July 10** **8:30AM - 11:00AM** **\$190**
Location: THS Field

BOYS BASKETBALL (grade entering)

Grs. 1 - 9

Instructor: Head Coach Buddy Bray, Assistant Varsity Coach Matt Landin, Head J.V. Coach Vin DiScala, Head Freshman Coach John Cappello, Phil Pacelli, and Varsity Assistant Coach, Stratford High School Joe Gill

This camp will help players of all ages and abilities learn about the great game of basketball and develop fundamental basketball skills. Campers will build skills through basketball stations, lectures, games, and a variety of competitions and basketball contests.

SC07 **Grs. 1 - 4** **June 29 - July 2** **8:30AM - 11:30AM** **\$190**

SC08 **Grs. 5 - 9** **June 29 - July 2** **12:00PM - 3:00PM** **\$210**

SC09 **Grs. 1 - 4** **July 6 - July 10** **8:30AM - 11:30AM** **\$190**

SC10 **Grs. 5 - 9** **July 6 - July 10** **12:00PM - 3:00PM** **\$210**

SC11 **Grs. 1 - 4** **July 13 - July 17** **8:30AM - 11:30AM** **\$190**

SC12 **Grs. 5 - 9** **July 13 - July 17** **12:00PM - 3:00PM** **\$210**

SC13 **Grs. 2 - 6** **July 20 - July 24** **8:30AM - 11:30AM** **\$190**

SC14 **Grs. 7 - 9** **July 20 - July 24** **12:00PM - 3:00PM** **\$210**

Location: THS Gym

BASEBALL (grade entering)

Grs. 3 - 9

Instructors: Head Coach Phil Pacelli and Assistant Coach Buddy Bray

Trumbull Eagles Baseball Camp provides campers with the opportunity to learn the fundamentals of the game, including hitting, fielding, pitching, catching, and base running. Campers will participate in daily drills and games. Come have fun and learn from the THS coaching staff and members of the THS baseball program.

SC15 **Grs. 3 - 9** **July 27 - July 31** **8:30AM - 12:00PM** **\$210**

Location: THS Field

GIRLS BASKETBALL (grade entering)**Grs. 1 - 9***Instructor: Steve Tobitsch*

Trumbull High School Girls Varsity Head Coach Steve Tobitsch along with special guest coaches and current and former Trumbull Girls Basketball players will be running their annual Lady Eagle Summer Basketball Camp. Take your game to the next level! Personalized instruction and skill development will focus on ball handling, passing, rebounding, defense, and shooting. Campers will also be introduced to five-on-five competition with ample time for individual contests and fun games.

SC16	Grs. 1 - 5	July 27 - July 31	8:30AM - 11:30AM	\$190
SC17	Grs. 6 - 9	July 27 - July 31	12:00PM - 3:00PM	\$210

Location: THS Main Gym**CROSS COUNTRY CAMP (grade entering)****Grs. 3 - 8***Instructor: Jim McCaffrey*

Do you like to run? Well, Cross Country is for you! This camp is all about introducing you to distance running in a manner that is fun and inclusive of all abilities. Each day will start with a full camp game, followed by some basic strengthening and form exercises. Then campers will be broken up into age appropriate/ ability appropriate groups for the daily run. We will all come back together at the end for stretching. The final day of camp will feature a Cross Country Race with tons of age and gender prizes. Come and learn from the experienced instructor and his group of runners who are ranked among the top in the State of Connecticut and the New England region.

SC18	Grs. 3 - 8	July 6 - July 10	9:00AM - 12:00PM	\$210
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Location: THS Fields – Pick up and Drop off at the gate behind Hillcrest**EAGLES COMBINE CAMP (grade entering)****Grs. 6 - 8***Instructor: Head Boy's Indoor Track Coach Shawn Tait, a veteran of over 25 seasons of coaching Track and Field and former all state Trumbull Eagles football standout Frank Gaines.*

Did you always wonder how well you could do at the NFL combine but never had the opportunity to try? Then the combine is coming to you. The Trumbull Eagles Combine camp will consist of all of the drills that take place during the NFL combine other than the weightlifting. 40 yard dash, Vertical Jump, Broad Jump, 3 Cone Drill, and the Shuttle Run will all be tested during the camp. In between participants will learn and train using an assortment of drill and activities that promote speed, quickness, and power. This a great opportunity for campers to see what they would post at an NFL combine and learn the proper techniques to improve on those times and stats. The camp is geared for the middle school athlete. Campers will receive t-shirts and top athletes will receive medals.

SC19	Grs. 6 - 8	July 13 - July 17	9:00AM - 12:00PM	\$210
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Location: THS Track Field

TRACK AND FIELD (grade entering)**Grs. 3 - 8***Instructors: Jim McCaffrey and Jeff Klein*

Like to run around? To jump? To see how fast you can go? This camp is all about an introduction to track and field for beginners and those who have already tried some of the events on their own. You will learn about the throwing events, the jumping events, and the sprinting/ running event, from the experienced instructors and the High School volunteer coaches (all of whom are members of THS T&F Team). Campers will come away with an idea of the basics of the sport, do some training, and have a chance to participate in some fun competition. The week concludes with a camp-wide Track and Field Olympics on Friday, complete with awards for all ages and abilities.

SC20 Grs. 3 - 8 July 20- July 24 9:00AM - 12:00PM \$210
Location: THS Track

WRESTLING (grade entering)**Grs. 4 - 12***Instructor: Charlie Anderson*

Ever wonder what makes some of the Connecticut's wrestling teams so good year in and year out? This camp will answer those questions. Each day we will bring in a coach from one of the top wrestling programs in the state. They will discuss their philosophy of training, wrestling, and show some of their signature techniques. Want to get better? Learn from the best.

SC21 Grs. 4 - 12 July 20 - July 24 8:30AM - 2:30PM \$225
SC22 Grs. 4 - 12 July 20- July 24 8:30AM - 11:30AM \$115
SC23 Grs. 4 - 12 July 20- July 24 12:30PM - 3:00PM \$115
Location: THS Gym

VOLLEYBALL (grade entering)**Grs. 3 - 9***Instructors: Head Coach Nicole Trommelen, Varsity Assistant Coach Tom Zultowski*

This camp is an organized program for boys and girls from beginner to advanced players. Campers will learn the basic fundamental skills of volleyball. Athletes will learn how to pass, set, spike, dig, and serve. Progressive drills and mini-games will be used to help give athletes a good understanding of volleyball.

SC24 Grs. 3 - 9 August 3 - August 7 8:30AM - 12:00PM \$210
Location: THS Gym



SUMMER EXPLORATIONS REGISTRATION FORM
FOR ALL ENRICHMENT CAMPS
PLEASE PRINT CLEARLY!

Student Name: _____ Age: _____

Address: _____

Name of Parent/Guardian: _____

Home Phone: _____ Work Phone: _____

Emergency Phne: _____

EMAIL: _____

Grade Completed 2019-2020 _____ **School Attended:** _____

Physician: _____ Physician Phone: _____

Medical/Food Allergies: _____

Check if your child attended Summer Explorations last summer _____

Make checks payable to: Trumbull Continuing Education
Mail Checks to: Trumbull Continuing Education, 72 Strobel Road,
Trumbull, CT 06611

CRS. CODE	COURSE TITLE	FEE
	REGISTRATION FEE	\$5.00
	TOTAL TUITION	

PAYMENT INFORMATION
MASTERCARD / VISA / CHECK

CARD NO. _____

EXP. DATE _____ CVV _____ (3 digit # on back of card)

SUMMER EXPLORATIONS REGISTRATION FORM
FOR ALL SPORTS CAMPS
PLEASE PRINT CLEARLY!

Student Name: _____ Age: _____

Address: _____

Name of Parent/Guardian: _____

Home Phone: _____ Work Phone: _____

Emergency Phone: _____

EMAIL: _____

Grade Entering 2020-2021 _____ **School Attended:** _____

Physician: _____ Physician Phone: _____

Medical/Food Allergies: _____

Check if your child attended Summer Explorations last summer _____

Make checks payable to: Trumbull Continuing Education
Mail Checks to: Trumbull Continuing Education, 72 Strobel Road,
Trumbull, CT 06611

CRS. CODE	COURSE TITLE	FEE
	REGISTRATION FEE	\$5.00
	TOTAL TUITION	

PAYMENT INFORMATION
MASTERCARD / VISA / CHECK

CARD NO. _____

EXP. DATE _____ CVV _____ (3 digit # on back of card)

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WE WELCOME ALL SUGGESTIONS AND COMMENTS