



FALL 2022



Register Online:
www.trumbullconted.org
For information call:
(203) 452-4554

Dr. Martin J. Semmel, Superintendent
Christine Marr, Administrative Secretary

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GENERAL INFORMATION

Location of Classes:

Enrichment Classes are held at Trumbull High School, 72 Strobel Road, Trumbull CT, unless otherwise specified.

Enrichment Tuition:

The tuition for each course is listed in the course description. Tuition is payable upon registration.

Processing Fee: Non Refundable \$5.00 per order,

We do not prorate.

Enrichment Registration:

All registrations are processed in the order received. **Must be at least a freshman in high school to attend evening enrichment classes.**

Online:

www.trumbullconted.org

We accept Visa and Mastercard

Mail:

If you are signing up for more than two courses, attach a second form. Photocopying is acceptable. Include: check(s) or money order. One check may be used to pay for more than one student or course. Tuition for each course is payable upon registration.

Confirmation of Registration will not be sent,

unless you are notified to the contrary, courses will run as scheduled. If registering late, call to be sure the course is not full or cancelled. If a course is full or cancelled, every attempt will be made to notify you.

Storm Day Policy: When inclement weather closes Trumbull Public Schools, or there is an early dismissal, ALL Continuing Education classes will be cancelled. If the public school has a delayed opening, evening classes will be held unless otherwise announced on local radio stations WICC 60, WEBE. Online WFSB.com to get all local information.

Mandated Academic Classes

ESL, GED, NEDP and CDP, located at 468 Birdseye Street, Stratford, CT. There are no fees for Trumbull residents for the mandated academic classes.

Nondiscrimination:

The Trumbull/Stratford Continuing Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Trumbull/Stratford Continuing Education nondiscrimination policies should be directed to James Noga (203) 385-4270, nogaj@stratk12.org

General Accessibility and Accommodation:

All activities offered by Trumbull/Stratford Continuing Education are held in accessible locations. Accommodations for individuals with a disability are available upon request. Printed materials (e.g. brochure/handbook/newsletter) are available in alternate formats (e.g. large print, audio, Braille) upon request. For assistance, please contact Joe Viscount (203) 385-4270.

General Educational Development

Accommodations on the GED tests are available for qualified individuals with a disability. For more information please contact Joe Viscount (203) 385-4270. You may also contact Sabrina Mancini at the Connecticut State Department of Education at (860) 807-2110. Registration fees may be charged by a providing school district or cooperating eligible entity to a cooperating school district for any adult residents of such cooperating district who are enrolled in any adult class or program of adult classes maintained by such providing school district or cooperating eligible entity and required by said section. The GED contact is Joe Viscount (203) 385-4270.

Fees: No Registration fees may be charged by a providing school district or cooperating eligible entity to a cooperating school district for any adult residents of such cooperating district who are enrolled in any adult class or program of adult classes maintained by such providing school district or cooperating eligible entity and required by said section Sec. 10-73a.

Trumbull/Stratford Continuing Education
468 Birdseye Street, Stratford, CT 06615
(203) 385-4270
(ALPHA Entrance of building)
Fall enrollment opens on August 1, 2022
and classes begin on September 6, 2022
<https://www.stratfordk12.org/page/continuing-education>

Credit Diploma Classes (CDP) classes begin on September 6, 2022
5:00 - 7:00 PM and 7:00 - 9:00PM

ESL & GED Program classes begin
September 12, 2022
6:00 - 7:30PM and 7:30 - 9:00PM

Citizenship Classes begin
September 13, 2022
6:00 - 7:30PM and 7:30 - 9:00PM

Placement testing is by appointment only and can be made beginning on August 24, 2022.

NO CLASSES: This list of closures are for the classes held at Trumbull High School. Please check the other locations for dates classes are not held.

September 5 : Labor Day
September 26: No Class

October 4 & 5: No Class
October 10: Columbus Day
October 19: No Class
October 31: Halloween

November 8: No Class
November 15: No Class
November 22 - 25: Thanksgiving Recess

December 12 & 14: No Class
December 23 - January 2: Holiday Recess

January 2 & 16: No Class

ARTS & CRAFTS

Wheel Thrown Pottery **0001**

Trevor Youngberg

This class will provide the beginning pottery student with the fundamental skills of working on the potter's wheel. Forms covered will be cup, bowl, and vase. Students will learn how to decorate and glaze their creations as well. Students can expect to become proficient with the creation of their own designs while finding a sense of satisfaction in working this challenging medium. All skill levels welcome. Lab fee of \$60.00 is payable to instructor first night of class. Class Limit is 12.

Mondays **8 Weeks** **\$150**
Oct. 3 **6:00 - 8:00** **Room M-13**

Art Space **0002** **-Creative Exploration**

Deborah Dean

Beginner friendly art experience where you will weave, paint, collage and so much more. Come find your inner creativity. Lab fee \$30 due to the instructor on the first night of class.

Wednesdays **6 Weeks** **\$130**
Sept. 21 **6:30 - 8:00** **Room M-4**

Oil Painting **0003**

Michael Barrett

This course teaches basic methods, proportion and placement, painting skills such as color mixture, and various styles and techniques. Students can experiment with styles and execute paintings of their choice, from portrait to landscape to still life. This course is continuous so that any student at any level can join. This course stresses one-to-one consultation.

Wednesdays **12 Weeks** **\$200**
Sept. 14 **7:00 - 9:30** **Room M-7**

Furniture Painting **0004**

Daniella Toth

Learn the basics of the Annie Sloan Chalk Paint® method, including the four basic techniques: two-color finish, smooth/modern, rustic finish, and colored wash, plus wax application. Then more advanced layering techniques, including dry brushing under a colored wash, frottage, stenciling, and creating a weathered look with a wet wax technique. Supply fee of \$30.00 payable to the instructor on the first night of class.

Tuesdays **2 Weeks** **\$125.00**
Oct. 11 & 18 **6:00 - 9:00** **Room M-7**

CAMERA OPERATIONS

Basic Digital Camera **0005** **Operations**

DSLR & MIRRORLESS

John Zappala

Need help understanding how to use your DSLR camera? Is the instruction manual that came with it almost impossible to understand? This class will guide you to knowing how to take pictures you can be proud of and acquire a good knowledge of photography in general. All relevant buttons and switches will be explained so that your picture will come out well exposed and sharply focused. Whether you are interested in photographing your friends, family, nature landscapes, or sports, this course will certainly enhance your talents. Learn how to freeze the action sports, create beautiful portraits with that blurry background and use your flash as professional fashion and wedding photographers do. Become truly confident in your picture taking abilities. Bring your camera and manual.

Tuesdays **6 Weeks** **\$130**
Sept. 20 **7:00 - 9:00** **Room C-3**

COLLEGE PREP

**For juniors and seniors at THS.
 More information to follow.**

SAT MATH **SAT-M**

THS Staff Members

Students will learn specific time management strategies, gain exposure to the format of the non-calculator and calculator sections, and review important mathematics content and skills assessed on the four domains of the math SAT. Regular attendance at each of the six sessions is expected in order to achieve maximum results.

Mondays **6 Weeks** **\$160.00**
Sept. 19 **2:30 - 4:00** **Room TBA**

SAT ENGLISH
Critical Reading/Writing

SAT-E1

THS Staff Members

In this prep course, students will acquire various active reading strategies in order to effectively answer reading questions in a timed setting. Instruction will be given on the most common grammar and usage rules that are tested on the writing portion of the exam. Practice questions will be given throughout the session. Regular attendance at each of the six sessions is expected in order to achieve maximum results.

Wednesdays 6 Weeks \$160.00
Sept. 21 2:30 - 4:00 Room B-13

SAT ENGLISH
Critical Reading/Writing

SAT-E2

THS Staff Members

Thursdays 6 Weeks \$160.00
Sept. 22 2:30 - 4:00 Rooms B-13

HEALTH & WELLNESS

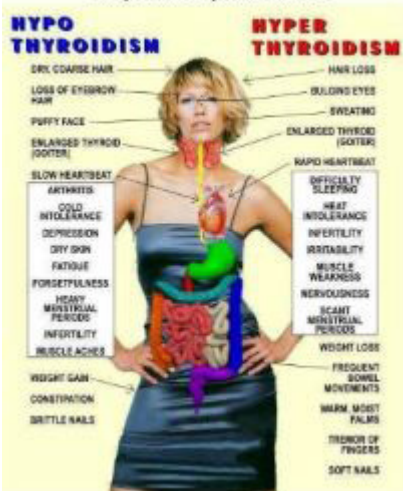
Thyroid Management 0006

Deb Barbiero

This course is taught by instructor Deb Barbiero, certified Nutritional Health and Life Coach. You will learn how to manage your thyroid with proper nutrition, which foods are best to eat, and which foods to avoid for your best thyroid health.

Wednesday 1 Night \$39.00
Sept. 28 6:30 - 8:30PM ZOOM

Thyroid Dysfunction



COOKING

The following cooking classes are offered by instructor Deb Barbiero of Deb's Healthy Plate. During these in-person cooking classes you will learn how to prepare delicious and healthy recipes to boost your mind, body and spirit. You will enjoy eating together what you prepare in class. All classes are held at **Deb's Healthy Plate 32 Woodfield Dr, Shelton, CT 06484**

Chicken & Vegetable Soup 0007

Deb Barbiero

Supply fee \$10 payable to teacher on first night. **There are no discounts for this class.** Space is limited to 6 students.

Wednesday 1 Night \$39.00
Oct. 26 6:30 to 8:30

Homemade Pierogi 0008

Deb Barbiero

Supply fee \$10 payable to teacher on first night. **There are no discounts for this class.** Space is limited to 6 students.

Wednesday 1 Night \$39.00
Nov. 9 6:30 - 8:30

Homemade Ravioli with Vodka Sauce 0009

Deb Barbiero

Supply fee \$10 payable to teacher on first night. **There are no discounts for this class.** Space is limited to 6 students.

Wednesday 1 Night \$39.00
Nov. 16 6:30 - 8:30

Shrimp Scampi & Risotto 0010

Deb Barbiero

Supply fee \$15 payable to teacher on first night. **There are no discounts for this class.** Space is limited to 6 students.

Wednesday 1 Night \$39.00
Nov. 30 6:30 - 8:30

FINANCIAL

Entrepreneurship: Starting Your Own Business With Little Money Down 0011

Beverly Nathan

You will learn behind the scenes practical information on how to start a successful home-based second-income business which can then become full time. You will learn how to decide on a business or product to sell with minimal problems. You will also learn how to avoid making major financial mistakes. *Optional material fee \$20.00.*

Monday 1 Night \$60.00
Oct. 24 8:00 – 10:00 Room C-5

Getting Great Real Estate Deals When Buying Or Selling Properties 0012

Richard Nathan

Because of difficult times in the economy, there are some excellent deals in real estate. Rick Nathan is strictly a consumer advocate and is not a real estate agent, and he will teach you how to get these great deals. He will teach you the pros and cons of foreclosures, short sales, rent with option to buy, owner financing, and buying with no money down. He will show you how to wisely buy or sell investment property, primary homes, multi-families, and vacation homes. After this class you will know how to research property at the tax assessor's office, the county clerk's office, and various other methods to use to research a property including using web sites. Also, to be discussed is how to sell your home with or without a realtor. *Optional material fee \$20.00.*

Monday 1 Night \$60.00
Oct. 24 8:00 – 10:00 Room C-4



How To Drastically Cut Costs 0013 **Difficult Financial Times**

Beverly Nathan

If you are trying to drastically cut costs because your retirement plan or your savings plan has lost a lot of money or you can lose your job, and want to learn how to save thousands of dollars, this course will greatly help you. Bev Nathan, who is strictly a consumer advocate, will explain how to save thousands of dollars. To be discussed are ways to save money by investing on your own with no-load mutual funds, the benefits of credit unions, buying used cars, saving much money when getting a car, home and life insurance, and methods to reduce school and county taxes on your home. There are many other ways to save a considerable amount of money. These will be discussed in detail, as well as, money saving websites. *Optional material fee \$20.00.*

Monday 1 Night \$60.00
Oct. 24 6:00 - 8:00 Room C-5

Secrets That Wall Street Does Not Want You to Know 0014

Richard Nathan

Have you just come into some money or have some money to invest? This lively, fact-packed seminar is a must for those who want to learn from a consumer advocate, Richard Nathan. Since he is not a salesman and has nothing to sell you, he will be blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long-term care insurance, investing with or without financial planners, and when investing in mutual funds on your own. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners so you can find those who are truly working for you. You will learn how to stretch and save your hard earned money. **IT IS TIME TO TAKE CHARGE OF YOUR MONEY!!!** *Optional material fee \$20.00.*

Monday 1 Night \$60.00
Oct. 24 6:00 - 8:00 Room C-4

Medicare Basics.. Get the Facts 0015

Kim McGuire

Are you or a loved one about to turn 65 soon and getting ready to sign up for Medicare? Are you already on Medicare and would like to learn more about your Medicare options? Wondering how to find your way through the maze of Medicare terms? Medicare Assurance Group, LLC invites you to attend this course to learn more about Medicare and your health plan options. During our Medicare 101 session, you will learn; what are the differences between Medicare and other health coverage, what is Original Medicare and are there other options, is Original Medicare enough health coverage, what are Medicare Parts A, B, C, & D, are prescriptions covered, how much will it cost and are there deadlines to enroll? We will also educate you on Medicare Advantage Plans, Part D prescription drug plans and Medicare Supplement plans. The advantages and disadvantages will be discussed in an easy to understand manner. This class is designed to be an informational seminar with ample opportunity for individual questions.

Wednesday 1 Night \$29.00
Sept. 21 6:00 - 7:30 Room C-5

Financial Strategies 0016
For Successful Retirement

Steven Jacques

With financial independence, retirement can be the most fulfilling time of your life. This class covers important money management concepts and issues that are important to people near retirement. Topics include how to reduce pressures on your retirement income and which assets are appropriate for retirement income, which are appropriate for lifetime use, and which assets are appropriate for future generations. Learn how to make appropriate health care decisions, especially who will provide care, where you will live and how you will pay for your health care. We will explore some options that allow you to transfer assets to other generations of your family. By condensing up-to-date financial information into two classroom sessions, this seminar gives you answers you need. An optional financial planning consultation is provided after the class. You may bring your spouse at no extra cost. *Material Fee of \$30.00 is payable to instructor on the first night of class.*

Tuesdays 2 Nights \$40.00
Oct. 25 & Nov. 1 6:30 - 8:30 Room C-4



Estate Planning 101 0017

Nicole Camporeale

This course will review the basic estate planning documents everyone should have, including a Last Will and Testament, Durable Financial Power of Attorney, Healthcare Power of Attorney and Revocable Living Trust. You will also learn the difference between Probate and Non-Probate property and what you need to know about estate taxes.

Wednesday 1 Night \$29.00
Oct. 12 6:00 - 7:30 Room C-4

Planning and Paying 0018
For Long Term Care

Nicole Camporeale

This course will review cost of long term care, how to pay for long term care needs, and how to qualify for Medicaid to help cover costs.

Wednesday 1 Night \$29.00
Oct. 26 6:00 - 7:30 Room C-4

Maximize Your Health Insurance 0019

William Pokluda

Learn the basics of health insurance literacy (HIL) to help navigate the health insurance landscape and get the most out of your health insurance plan. Whether you get your health insurance through an employer or the health insurance exchange, you can learn to be an active consumer of your health insurance and maximize your coverage. The course will review how the health insurance industry works, identify best practices you can put into action right away and cover top five HIL skill sets:

- Health insurance terms & concepts
- How to understand what your plan covers
- How to choose a health plan
- Navigate tools and resources
- Managing your claims questions

Tuesday 1 Night \$25.00*
Oct. 11 6:30 - 8:00 Room C-4

***price includes materials.**

FITNESS

Zumba **0020**

Dianne Pikikero

Lose yourself to the music and find yourself in shape at the original dance party. Features exotic rhythms set to high-energy Latin and international beats. Easy to do, effective, and totally exhilarating.

Wednesdays 6 Weeks \$120
Sept. 28 6:30 - 7:20 Senior Lounge

Kempo Karate **0021**

Sensei Thomas Wulffleff

With over 20 years of martial arts experience, Sensei Thomas Wulffleff works to help students grow and find their strengths. Students will work on traditional Kempo techniques as well as practice general self defense concepts. Students will begin with white belts and may be eligible for belt rank promotion as they improve their skills.

Mondays 6 Weeks \$160
Oct. 3 7:00 - 7:45 Aux Gym



Yin Yoga **0022**

Larissa Santoro

Yin yoga is a restorative yoga which is slower paced and very meditative. This class will invite you to bring your focus inward and hold poses for a longer period of time to target the connective tissues, ligaments, and joints. Different breathing techniques and guided meditation will accompany the postures during this yoga class leaving you feeling refreshed and at peace. Please bring props, such as bolsters, blankets, pillows, blocks, to help provide comfort throughout the class.

Mondays 6 Weeks \$165
Oct. 17 6:00 - 7:15 Media Center



Traditional Chinese Internal Healing Exercises **0023**

Randall Kirik

This course teaches how to help prevent illness and cure diseases combining simple life enhancing and internal healing exercises with the art of meditation. Discover how to bring life force energy (Chi) into the body to revitalize all organs. Learn to breathe properly, increasing oxygen capacity, and expelling more toxins. Other benefits include strengthening the nervous system, reducing stress, regulating digestive function, managing weight, energizing the heart, liver, lungs, kidneys, endocrine glands, and other organs. It's a natural approach with a proven five thousand year old history to achieving health, happiness, and longevity.

Tuesdays 10 Weeks \$155
Sept. 20 7:30 - 9:00 Media Center

GOLF

Intro To Golf **0024**

Dave Bove

This course is for beginner and intermediate golfers. The fundamentals of grip, posture, stance, and swing will be discussed. Additional short game instruction will also be presented. Participants should bring golf clubs. *Course fee includes range balls.*

Class limited to 12 students.

Thursdays 5 Weeks \$185
Sept. 8 5:00 - 6:00

All classes held at Tashua Knolls Golf Course: 40 Tashua Knolls Ln, Trumbull.

Improve Your Short Game **0025**

Dave Bove

This course is for beginner and intermediate golfers. The fundamentals of grip, posture, stance, and swing will be discussed. Additional short game instruction will also be presented. Participants should bring golf clubs. *Course fee includes range balls.*

Class limited to 12 students.

Thursdays 5 Weeks \$185
Sept. 8 6:00 - 7:00

All classes held at Tashua Knolls Golf Course: 40 Tashua Knolls Ln, Trumbull.

MUSIC

Instant Piano for Hopelessly Busy People 0026

Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands on instruction.

Topics include:

- *How chords work in a song
- *How to get more out of sheet music by reading less of it
- *How to form the three main types of chords
- *How to handle different keys and time signatures
- *How to avoid "counting"
- *How to simplify over 12,000 complex chords

Monday 1 Night \$65*
***price includes a \$29 materials fee**
Nov. 21 6:30 - 9:30PM ZOOM



Instant Guitar for Hopelessly Busy People 0027

Craig Coffman

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. Class limited to 15 students. For ages 13+.



Topics include:

- *How chords work in a song
 - *How to form the three main types of chords
 - *How to tune your guitar
 - *Basic strumming patterns
 - *How to buy a good guitar (things to avoid)
 - *How to play along with simple tunes
- Tuesday 1 Night \$65***
***price includes a \$29 materials fee**
Nov. 22 6:30 - 9:00PM ZOOM

PERSONAL INTEREST

How to Communicate With Your Angels 0028

Robin Tesei

You will learn how to spiritually connect, communicate, and ask for guidance from your Angels, Guardian Angels and Spirit Guides. Through journaling, you will receive loving, guided, inspiring messages, full of wisdom and insight. You will learn steps to receiving and you will learn your angels' name. Communicating with angels is empowering. www.angelhappiness.com. **There are no discounts for this class.**

Tuesday 1 Night \$39.00
Sept. 20 7:00 - 8:30 Room C-5

Healing with the Archangels 0029

Robin Tesei

We will discuss the 15 powerful Archangels and the roles they play in healing and guiding you with relationships, money, career, school, worries, health and so much more. With the help from Archangels Michael and Metatron, you will learn healing tools to balance your mind-body-spirit. We will evaluate your life balance and learn which Archangels help in each area. www.angelhappiness.com. **There are no discounts for this class.**

Tuesday 1 Night \$39.00
Sept. 27 7:00 - 8:30 Room C-5

Manifesting Joy 0030

Robin Tesei

Where is my joyful spark and how can I feel more joy? In this class you will learn tools to consciously create more joy and abundance into your life. You will become open to receiving joy through a guided meditation, through journal prompts, through nurturing your inner-child, and then learn how to draw from your escrow of joy whenever you desire. You will also receive messages from your Angels regarding joy. www.angelhappiness.com.

There are no discounts for this class.

Wednesday 1 Night \$39.00
Oct. 12 7:00 - 8:30 Room C-5

Angel Signs/Numbers 0031

Robin Tesei

Angels (and loved ones) are frequently sending messages through signs, such as clouds, numbers, electronics, coins, feathers, songs, and much more. You will learn how to ask the angels for signs, discuss ways the angels show signs, how to interpret these signs, and what the number signs mean. A handout of number and feather meanings will be provided. www.angelhappiness.com. **There are no discounts for this class.**

Tuesday 1 Night \$39.00
Oct. 18 7:00 - 8:30 Room C-5

Angel Card Readings 0032

Robin Tesei

Angel cards are divination tools to help you receive supportive, loving, insightful guidance from your Angels. You will learn how to do Angel Card Readings during this hands-on class. We will clear, bless, and add intentions to your cards, to receive clear messages. Please bring your own Angel Oracle cards (order via Amazon or at a local Crystal/Angel store). www.angelhappiness.com. **There are no discounts for this class.**

Wednesday 1 Night \$39.00
Oct. 26 7:00 - 8:30 Room C-5

Crystals & Angels 0033

Robin Tesei

Crystals are powerful healing tools which restore us physically, spiritually, emotionally, financially, and romantically. We will combine the healing energy of the crystals with the Divine healing of the angels. You will learn healing techniques, crystal attributes, the archangels they work with, how to charge and cleanse your crystals. Twenty crystals will be presented. www.angelhappiness.com. **There are no discounts for this class.**

Wednesday 1 Night \$39.00
Nov. 9 7:00 - 8:30 Room C-5

You Wrote a Book, Now What? 0034

Jan Kardys

Gain an insider's view of book publishing at this program with literary agent, Jan L. Kardys, and Chairman of Unicorn Writers' Conference. Jan will share her 40 years of experience inside 10 major NYC book publishers on such topics as developing a concept, writing a manuscript, editing, finding a literary agent, query letters, publishing agreements, the various departments within a publishing companies, self publishing vs. traditional book publishing, subsidiary rights, marketing, utilizing the most cutting-edge technologies and social media services to increase visibility to literary agents, publishers and readers alike.

Mondays 6 Weeks \$65
Oct. 17 6:00 - 7:00 Room C-3



Build Your Own History Books

David Plaue

In these fun and engaging, interactive programs you will “Build Your Own History Book”. If you enjoy history, a bit of trivia and continuing to learn about some of the most interesting and influential people in history, you’ll enjoy these programs. Titles include: Icons, U.S. History, Women, African Americans, and Music. Create one book, or many. The choice is yours!

Visit <https://stickerbookpublishing.com/> to preview the books.



Build Your Own History Books 0035 ICONS

David Plaue

This was the first book in the series and is an overview of some of most interesting, influential and inspiring people in world history. From Alexander the Great to Aretha Franklin, from Buddha to Beethoven, this fun and interactive program will get your mind moving and your fingers too. Featuring world leaders, inventors, authors, philosophers, humanitarians and much more... enjoy some learning, reminiscing and historical trivia. The 4 follow up books include U.S. History, Women, African Americans and Music.

Wednesday 1 Night \$175
Oct. 12 6:00 - 7:30 Room C-3

Build Your Own History Books 0036 U.S. HISTORY

David Plaue

This book is arguably our most popular and unique book. Filled with some of most interesting, influential and inspiring people, places and events in American history. From Alexander Hamilton to Andrew Carnegie, from Ellis Island to Pearl Harbor, throw in the Liberty Bell and the Bill of Rights - this fun and interactive program will get your mind moving and your fingers too. Featuring founding fathers, great presidents, historic places and significant events and much much more... enjoy some learning, reminiscing and historical trivia.

Wednesday 1 Night \$175
Oct. 26 6:00 - 7:30 Room C-3

Build Your Own History Books 0037 WOMEN

David Plaue

This book contains some of most interesting, influential and inspiring women in the history of the world. From social activists to scientists, world leaders to entrepreneurs - this fun and interactive program will get your mind moving and your fingers too. Featuring such important women figures as Eleanor Roosevelt to Rachel Carson, Margaret Thatcher to Virginia Woolf, you’ll enjoy some learning, reminiscing and historical trivia.

Wednesday 1 Night \$175
Nov. 2 6:00 - 7:30 Room C-3

Build Your Own History Books 0038 AFRICAN AMERICANS

David Plaue

This book contains some of the most interesting, influential and inspiring African Americans in American history. From political leaders to inventors, civil rights activists to entertainers - this fun and interactive program will get your mind moving and your fingers too. Featuring such important figures as Frederick Douglass to Madame CJ Walker, Thurgood Marshall to Katherine Johnson, this book is powerful and enlightening... plus you’re sure to enjoy the learning, reminiscing and historical trivia.

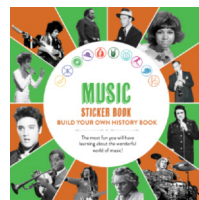
Wednesday 1 Night \$175
Nov. 9 6:00 - 7:30 Room C-3

Build Your Own History Books 0039 MUSIC

David Plaue

This book contains some of most interesting, influential and inspiring singers, musicians and bands in the history of music. From oldies to jazz, country to classical, hip hop to classic rock - this fun and interactive program will get your mind moving and your mouth humming... Featuring such significant figures as Mozart to Muddy Waters, Jimi Hendrix to Joni Mitchell, Muddy Waters to The Rolling Stones, you’ll enjoy some learning, a trip down memory lane and some fascinating historical trivia.

Wednesday 1 Night \$175
Nov. 16 6:00 - 7:30 Room C-3



TECHNOLOGY

Microsoft PowerPoint 0040

Theresa Purdie

Create professional slide shows using today's most widely used presentation format, PowerPoint. Topics will include how to create, save, and revise slides. Participants will learn how to use tools in PowerPoint including the design, transitions, timing functions, as well as, how to include video, charts, animations to create engaging presentations. 2 sessions - each 1 night.

Tuesday 1 Night \$60.00
Sept. 27 5:00 - 7:00 Media Center

Introduction to PowerPoint 0041

Theresa Purdie

Wednesday 1 Night \$60.00
Nov. 9 5:00 - 7:00 Media Center

Microsoft Excel 0042

Theresa Purdie

Students will learn how to create professional spreadsheets using Excel. Topics include creating a spreadsheet, editing techniques, inserting formulas and functions, using formatting features, and creating a simple chart. Students will learn how to set up practical and useful spreadsheets for a basic budget and payroll. 2 nights per session.

Tues. & Wed. 2 Nights \$90.00
Oct. 11 & 12 5:00 - 7:00 Media Center

Microsoft Excel 0043

Theresa Purdie

Tues. & Wed. 2 Nights \$90.00
Nov. 1 & 2 5:00 - 7:00 Media Center

Microsoft Word 0044

Theresa Purdie

Students will learn how to use Microsoft Word to make professional and visually appealing documents. Topics will include learning how to create, save and edit text and paragraphs, setting up tabs and margins, adding borders and shading, inserting headers and footers, adding and formatting page numbers, and creating formatting and editing tables. Students will also learn how to insert clip art in documents, set up brochures, and create newsletters. Students will need a basic understanding of how to use a computer and a mouse. 2 nights per session.

Mon. & Wed. 2 Nights \$90.00
Sept. 19 & 21 5:00 - 7:00 Media Center

Microsoft Word 0045

Theresa Purdie

Tues. & Wed. 2 Nights \$90.00
Oct. 25 & 26 5:00 - 7:00 Media Center

Google Docs, Sheets, and Slides Made Easy 0046

Theresa Purdie

Students will learn how to create and share word processing, spreadsheet and slide presentation documents, and working with others on those documents in real time. Students will be able to save the documents online and learn how to access their work from their phone or tablet, as well as, their computer. Students learn how to upload existing documents from Word, Excel, PowerPoint, and convert those documents into a Google document. 2 nights per session.

Tues. & Wed. 2 Nights \$90.00
Nov. 29 & 30 5:00 - 7:00 Media Center

Google Docs, Sheets, and Slides Made Easy 0047

Tues. & Wed. 2 Nights \$90.00
Dec. 6 & 7 5:00 - 7:00 Media Center

Driver Education DRIVER

Knepler Driving School

Knepler Driving Schools will provide all classroom training to meet the full 30 hour mandatory requirements. This program also includes the mandatory 8-hour Drug and Alcohol program. This program includes 15, two-hour online classroom sessions with one makeup classroom at the end. The parent/student mandatory program must be attended by one parent or a legal guardian and the student together. The parent/student program must be attended on the evening assigned as there is no makeup for this class.

Sept. 7, 12, 14, 19, 21, 28

Oct. 3*, 12, 17, 24, 26

Nov. 2, 7, 9, 14, 16**

6:00 - 8:00PM

**\$180
ZOOM**

***parent/student program**

****make up class**

Trumbull Driver Education Office
Phone 203-452-4554
Knepler Driving School
Phone 203-268-6040



Away for the Day

FALL-WINTER 2022 SCHEDULE

“42nd Street”

**at Goodspeed Opera House
DON'T MISS THIS SHOW**

This favorite toe-tapping show biz musical fairy tale has delighted audiences since its New York opening in 1980. In this love letter to Broadway, young Peggy Sawyer fresh off the bus from Allentown, PA becomes an overnight star. With a hit parade of songs such as “We’re in the Money,” “Lullaby of Broadway”, and “42nd Street,” and fabulous choreography by Broadway’s Randy Skinner, this show may make you dance and sing all the way home. Lunch at the Gelston House.

Wednesday, October 26 \$169

Annual Christmas Creche Exhibit

At New Haven’s Knights of Columbus Museum, we have the chance to view creches from around the world just in time for the holidays. Lunch TBD.

Wednesday, December 7 \$TBD

“Some Like It Hot”

If you remember the hilarious movie with Jack Lemmon, Tony Curtis, Marilyn Monroe, and Joe E. Brown, you will sign up immediately and join us for this latest Broadway offering. Lunch TBD.

Wednesday, March 15, 2023 \$TBD

Our comfortable Land/Jet bus will meet you across Greenfield Street from Fairfield’s Floor & Decor Store or in Stratford’s Dock Shopping Center between the Super Stop and Shop and gas station.

To be added to our mailing list and to receive future brochures, please call Jill Meyer at 203-226-4310 or e-mail her at jill@awayfortheday.net

***SUMMER EXPLORATIONS
2023***

**LOOK FOR THE BOOK IN
MARCH**



TRUMBULL PUBLIC SCHOOLS

Interested in becoming a substitute teacher or substitute paraeducator? Per diem, all grade levels.

Please contact Kathleen Oliver for more information: 203-452-4363.



Interested in becoming a substitute custodian? No experience needed. Please contact Debra Kohn for more information: 203-452-4306.



HEADSTART

The Trumbull/Monroe Regional Head Start Center has open enrollment all year. To enroll the child must be 3 or 4 by Dec. 31st. The center serves Trumbull, Monroe, Stratford, Fairfield, Bridgeport and Easton. The program, which is federally funded, is free for children of income-eligible families. The program also meets the needs of children with disabilities. Children attend the program Monday through Friday 8:20 – 12:20 with a full day option of 7:30 am – 5:00 pm for those families that meet the criteria. In addition to kindergarten preparation for the child, health care, child development, social services and nutrition information and services are available for families. The Head Start Center is located in the Trumbull Early Childhood Education Center (TECEC) For more information call 452-4504.

*Want To Share
Your Knowledge?*

*Come Join The
Trumbull Continuing
Education Team To Share
Your Special
Interests With Others.
Call 203- 452-4554 For More
Information.*

REGISTRATION FORM

PRINT CLEARLY

Name _____
Last First

Address _____
Street City State Zip

Phone _____
Days Evenings Cell

Email _____

COURSE #	COURSE TITLE	FEE
	Senior Citizen 10% Discount	\$
	Non Refundable Processing Fee	\$5.00
	Total	\$

PAYMENT INFORMATION:

NAME ON CARD _____

CARD # _____ CVV # _____

EXP. DATE _____

_____ CHECK _____ VISA _____ MASTERCARD

Checks are payable to Trumbull Board of Education, 72 Strobel Road, Trumbull CT 06611.

Please read and sign waiver.

Waiver of Participant by parent or self: In consideration of your accepting my or my child's registration and entry, I hereby for myself, my child, my heirs, executors and administrators, waive and release any and all rights and claims for damages I or my child may have against the Trumbull Board of Education, the Trumbull Public Schools, the Town of Trumbull, any of their employees, agents, representatives, successors and assigns, for any and all injuries suffered by myself or my child at the activity sponsored by these groups. I understand there is inherent risk associated with the(se) activity(ies) and authorize emergency medical treatment and transportation in my absence. PHOTO RELEASE: The Trumbull Adult and Continuing Education Program MAY VIDEOTAPE OR TAKE PHOTOGRAPHS OF PARTICIPANTS ENROLLED IN RECREATION ACTIVITIES, CLASSES OR PROGRAMS. THESE PHOTOS AND/OR VIDEOTAPES MAY BE USED FOR PROMOTIONAL PURPOSES. If any of the above participants are minors, I certify by my signature that I am the custodial parent or guardian; or I have the expressed authorization of the custodial parent, or guardian to enroll said participant(s) in the specified activities listed.

Signature: _____ Date: _____ 15

72 Strobel Road, Trumbull, CT 06611
(203) 452 - 4554
www.trumbullps.org

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Trumbull



**Postal Customer
Trumbull, CT 06611**

COMING SOON IN EARLY SPRING
SUMMER EXPLORATIONS!!!

WE ARE ALWAYS LOOKING FOR NEW IDEAS TO
ENHANCE OUR SUMMER OFFERINGS!!
PLEASE SUBMIT TO US BY JANUARY 27, 2023.
cmarr@trumbullps.org

Trumbull Continuing Education Is Always Looking For New
Programs To Offer To Our Community. If You Have One To
Offer, And Are Interested In Sharing Your Knowledge,
Please Call Us At 203-452-4554
We Welcome All Suggestions And Comments
People Helping People!
Thank You For All Your Support!